



St. Bartholomew School

April 2018 Lunch Menu

NUTRITION NEWS: Eat the Colors of the Rainbow Week Did you know that by eating a variety of colorful fruits and vegetables you are able to get a variety of different vitamins and minerals? Each vitamin and mineral gives you a special "superpower" or benefit! For example, that orange pigment in carrots and sweet potatoes otherwise known as beta-carotene aids in keeping good eye health and vision. This April, challenge yourself to eat a variety of different colored fruits & vegetables...your body will thank you later!

"SMART SNACKS"		Your Meal comes with the Beverage Choice of:	
Potato/Sausage Extra	\$1.00	Student Lunch	\$3.75
Fresh Fruit	\$0.65	Adult Lunch	\$4.00
Cold Beverage 8z	\$0.60	Entrée a la Carte	\$3.00
Ice Cream	\$1.00	Extra Pizza w/ Meal Only	\$2.00
Soft Pretzel Sticks	2 for \$1.00		
Baked Chips	\$0.75		
Fresh Baked Cookie	\$0.50		
	2 for \$1.00		
Rice Krispy Treat	\$0.50		
Cereal Snack Bar	\$1.00		

Maschio's Swap Outs

Available Daily

- Bagel Bag Meal
- Cereal Bag Meal
- Hot Dog on a Bun with Chips
- Chicken Caesar Salad

No Meat Served On Fridays During Lent

Available Daily

Bag of Fresh Vegetables with Dipping Packet

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3	4	5	6
Spring Recess! School Closed				
9 Plain Pasta or Pasta with Meatballs Warm Garlic Breadstick Fresh or Chilled Fruit	10 Breakfast for Lunch Pancakes Breakfast Sausages Hash Browns Fresh or Chilled Fruit	11 Meatball Parm Sandwich Soft Pretzel Stick Green Beans Fresh or Chilled Fruit	12 CHEF DAY! 6 Foot Italian Sub Day Salad Bar Fresh or Chilled Fruit	13 Pizzeria Cheese Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit
16 Meatless Monday Mini Cheese Ravioli with Marinara Sauce Warm Breadstick Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	17 Breakfast for Lunch New Items! Cinnamon French Toast Sticks Breakfast Sausages Sweet Potato Tots Fresh or Chilled Fruit Guava Strawberry Flip	18 Hamburger or Cheeseburger Freshly Prepared Vegetable Pasta Salad Fresh or Chilled Fruit	19 Nacho Platter with Taco Meat, Shredded Cheddar Cheese, Lettuce & Salsa Steamed Corn Fresh or Chilled Fruit	20 Pizzeria Cheese Pizza Fresh Veggie Dippers Fresh or Chilled Fruit
Eat the Colors of the Rainbow Week				
23 Chicken Fries with Tater Tots & Soft Pretzel Stick Fresh Celery Sticks with Dip Fresh or Chilled Fruit	24 Philly Cheesesteak Hero Oven Baked Fries Fresh or Chilled Fruit	25 Hamburger or Cheeseburger Freshly Prepared Vegetable Pasta Salad Fresh or Chilled Fruit	26 National Pretzel Day Ham & Cheese Melt on a Pretzel Bun Emoji Fries Fresh or Chilled Fruit	27 Pizzeria Cheese Pizza Freshly Prepared Garden Salad Fresh or Chilled Fruit
30 Chicken Nuggets Dinner Roll Green Beans Fresh or Chilled Fruit				

Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at Your School

Lunch Tickets are available in the cafeteria:
10 for \$37.50 / 20 for \$75.00

Please Make Checks Payable To: Maschio's Food Services, Inc.

Connect with us!   

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"