



St. Bartholomew School

June 2018 Lunch Menu

NUTRITION NEWS: Did you know June is National Dairy Month? Dairy is important because it contains nine essential nutrients, including vitamin D and calcium. Try to get three servings of dairy per day to get the nutrients you need to build strong bones! Incorporate dairy into your diet by creating a delicious Greek yogurt dip or sprinkle some low-fat cheese on top of your spinach salad. We've got you covered at lunch as your meal always comes with a milk option.

- "SMART SNACKS"**
- Potato/Sausage Extra \$1.00
 - Fresh Fruit \$0.65
 - Cold Beverage 8z \$0.60
 - Ice Cream \$1.00
 - Soft Pretzel Sticks 2 for \$1.00
 - Baked Chips \$0.75
 - Fresh Baked Cookie \$0.50
 - 2 for \$1.00
 - Rice Krispy Treat \$0.50
 - Cereal Snack Bar \$1.00

- Student Lunch \$3.75
- Adult Lunch \$4.00
- Entrée a la Carte \$3.00
- Extra Pizza w/ Meal Only \$2.00

Your Meal comes with the Beverage Choice of:

- Flavored/Unflavored
- Low Fat Milk, Iced Tea,
- Lemonade or Water

Maschio's Swap Outs

Available Daily

Bagel Bag Meal

Cereal Bag Meal

Hot Dog on a Bun with Chips

Chicken Caesar Salad

No Meat Served On Fridays During Lent

Available Daily
Bag of Fresh Vegetables
with Dipping Packet

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pizzeria Cheese Pizza Freshly Prepared Garden Salad Fresh or Chilled Fruit
4 Cheese Quesadilla Salsa Dip Golden Corn Fresh or Chilled Fruit	5 Hamburger or Cheeseburger on a Bun Bag Of Chips Pickle Spear Fresh or Chilled Fruit	6 Grilled Cheese Bowl of Soup Fresh or Chilled Fruit	7 Pizzeria Cheese Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit	8 Half Day No Lunch Served
11 Field Day No Lunch Served	12 Italian Hero Day Bag Of Chips Fresh or Chilled Fruit	13 Hot Dog On A Bun Assorted Toppings Bag of Chips Fresh or Chilled Fruit	14 Salad Bar Day Assorted Dressings & Toppings Fresh or Chilled Fruit	15 Pizzeria Cheese Pizza Fresh Veggie Dippers Fresh or Chilled Fruit
18 Half Day No Lunch Served	19 Half Day No Lunch Served	20 Half Day No Lunch Served	21 Half Day No Lunch Served	22 10:30am Dismissal No Lunch Served LAST DAY OF SCHOOL
25	26	27	28	29
<p>enjoy your</p> <h1>Summer Vacation!</h1> 				

Questions or Concerns? Please Visit www.MaschioFood.com
 Or Call Maschio's Food Services at Your School

Lunch Tickets are available in the cafeteria:
 10 for \$37.50 / 20 for \$75.00

Please Make Checks Payable To: Maschio's Food Services, Inc.

Connect with us!



MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"