

## Formal Prayers

### Grade 1

**The Sign of the Cross-** In the name of the Father, and of the Son and of the Holy Spirit. Amen.

**The Our Father-** Our Father who art in heaven, hallowed be thy name. Thy Kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation, but deliver us from evil. Amen.

**Hail Mary-** Hail Mary, full of grace the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, Pray for us sinners, now, and at the hour of our death. Amen.

**Glory Be-**Glory be to the Father, and to the Son, and to the Holy Spirit. Amen.

**Prayer to Guardian Angel-** Angel of God, my guardian dear, to whom God's love commits me here. Ever this day, be at my side, to light and guard, to rule and guide. Amen.

**Jesus Prayer-** Lord Jesus Christ, Son of God, have mercy on me, a sinner. Amen

### Grade 2

**Prayer of Sorrow-** Dear God, I am sorry for doing wrong. I know you love me very much. Help me to be a caring person. Help me to change and grow in your love. Amen

**Act of Faith, Hope and Love-** My God, I believe in you, I hope in you, I love you above all things, with all my mind and heart and strength. Amen.

### Grade 3

**Apostles Creed-** I believe in God, the Father almighty, creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, *(bow)* who was conceived by the Holy Spirit and born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

#### **Grade 4**

**Act of Contrition-**My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

#### **Grade 5**

##### **The Rosary**

**Hail Holy Queen-**Hail Holy Queen, Mother of Mercy, our life our sweetness, our hope. To you we cry, poor banished children of Eve; to you we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, your eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of your womb, Jesus: O clement, O loving, O sweet Virgin Mary

**Fatima Prayer-***(is said after each decade of the rosary)* O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those most in need of your mercy.

#### **Grade 6**

**Prayer to the Holy Spirit-** Come, Holy Spirit, fill the hearts of your faithful. And kindle in them the fire of your love. Send forth your Spirit and they shall be created. And you will renew the face of the earth. Lord, by the light of the Holy Spirit you have taught the hearts of your faithful. In the same Spirit help us choose what is right and always rejoice in your consolation. We ask this through Christ our Lord. Amen

#### **Grade 7-8**

**Review of all the prayers learned in previous years.**

